

## Year 7 - Personal Safety - Staff overview and planning tool

### Learning Outcomes

By the end of this module, pupils **WILL** be able to...

- Understand the importance of road safety and their role in ensuring it
- Give examples of ways to be safe, such as waiting for the green man and wearing bright clothing
- Understand that there are the same expectations of behaviour online as there are of-line, in terms of bullying, use of language and accessing age appropriate materials
- State that they should not give out personal information to anyone online, nor agree to meet someone they do not know
- Recognise negative behaviours online and know how and when to report it

By the end of this module, pupils **SHOULD** be able to...

- Consider a hypothetical accident and respond to it with some actions they would take, for example phoning the emergency services
- Define harassment and recognise when it is happening
- Understand that not everything on the internet is real or can be trusted, for example fake news

By the end of this module, pupils **COULD** be able to...

- Be critical of things they find on the internet and self-censor the ways in which they use it

### William Ellis School Aims:

- To educate on road safety and accident prevention
- To discuss how to use the internet responsibly and manage risk online
- To signpost students to where they can report harmful behaviours online and find support after experiencing it

### Statutory Requirements—What pupils should know:

- their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online
- about online risks, including any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online
- not to provide material to others that they would not want shared further and not to share personal material which is sent to them
- what to do and where to get support to report material or manage issues online
- how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours

### Key Words:

Hypothetical - something that is imagined, or suggested, or something that could happen in the future but is not necessarily happening or true right now

Harassment - when you are made to feel threatened or distressed by repeated, unwanted behaviour from someone

Fake news - refers to articles or posts that appear to be factual, but which contain intentional lies, pretending to be facts, which are intended to influence people, attract viewers, or deceive them

### Consistency:

All lessons should begin with a starter to settle the class. Students should write the date and title in their book before use. The three lessons should be planned as a sequence, with the above learning outcomes. These will be made explicit to the students. The lessons should include activities that allow the teacher to gauge how fully these learning outcomes have been reached.

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**If you have found this topic has resonated with you or you would like to learn more see below...**

## Where can I get support?

If you are worried about yourself or a friend please speak to an adult that you trust. In school this could be a form tutor or any other grown up that you feel comfortable with.

If you would like practical advice on staying safe online, check out:

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/>

If you are concerned that being online is harming your mental health have a look at what Mind, the mental health charity, has to say:

<https://www.mind.org.uk/information-support/tips-for-everyday-living/online-mental-health/#.XWIECy5KjIU>

## Tips for staying safe online:

- Never share or reveal your passwords and make them difficult to guess in the first place by using a mix of letters numbers and symbols
- Don't upload or share anything you wouldn't want your parents, teachers or friends seeing. as once you press send, it is no longer private
- If somebody you don't know adds you as a friend, ignore them and delete their request, and don't share personal information like your address or phone number with somebody you don't know