

Year 9 - Reproductive Health - Staff overview and planning tool

Learning Outcomes

By the end of this module, pupils **WILL** be able to...

- Give examples of STIs
- Understand the importance of regular screening if sexually active
- Give examples of contraception including condoms and the pill
- Understand the difference between protecting against STIs and protecting against pregnancy
- List the options available to someone who is pregnant
- Define what a miscarriage is

By the end of this module, pupils **SHOULD** be able to...

- Understand that contraception is the responsibility of both parties and should be discussed in an open way before sex
- Speak compassionately about pregnancy and understand that each choice is valid and that the women has the right to choose
- Recognise that alcohol and drugs can lead to risky sexual behaviour

By the end of this module, pupils **COULD** be able to...

- Talk respectfully about the rights a woman has over her body
- Make comments on the politics surrounding abortion laws in the UK and in other countries, for example the US

William Ellis School Aims:

- To educate about STIs, in terms of prevention, testing and treatment, including for same sex couples
- To educate on contraception, including how effective each choice is
- To discuss pregnancy and the choices that there are, with emphasis on supporting their partner and her wishes , including that women have rights over their bodies

Statutory Requirements—What pupils should know:

- that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing
- the facts about the full range of contraceptive choices, efficacy and options available
- the facts around pregnancy including miscarriage
- that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help)
- how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safe sex (including through condom use) and the importance of and facts about testing
- about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment
- how the use of alcohol and drugs can lead to risky sexual behaviour
- how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment

Key Words:

Miscarriage - the loss of a pregnancy during the first 23 weeks, there are many reasons it can happen although the cause is not usually identified, in general it is not caused by something the mother has done

Abortion - the medical process of ending a pregnancy so it doesn't result in the birth of a baby, also sometimes known as a termination, one in three women will have an abortion in their lifetime

Pro-choice - those who believe that women have the basic human right to decide when and whether to have children, based on their own moral and religious beliefs

Pro-life - those who oppose abortion as they believe that a fertilized embryo is a life to be protected regardless of the mother's wishes, sometimes called anti-choice

Consistency:

All lessons should begin with a starter to settle the class. Students should write the date and title in their book before use. The three lessons should be planned as a sequence, with the above learning outcomes. These will be made explicit to the students. The lessons should include activities that allow the teacher to gauge how fully these learning outcomes have been reached.

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If you have found this topic has resonated with you or you would like to learn more see below...

Where can I get support?

If you are worried about yourself or a friend please speak to an adult that you trust. In school this could be a form tutor or any other grown up that you feel comfortable with.

For health advice you can book an appointment with your local GP (they will not have to tell your parents)

Or visit a local sexual health service such as the Brandon Centre in Camden, you can call on 020 7267 4792 or visit at 26 Prince of Wales Road, Kentish Town, London, NW5 3LG.

To get advice or self-refer for an abortion you can call 03457 30 40 30 (open 24 hours a day, 7 days a week)

Further Reading

Sexual health information www.brook.org.uk

Info on contraception www.contraceptionchoices.org

Info on sexual health, relationships, the law, LGBT issues www.bishuk.com

Detailed information on sexual health, relationships, feelings, and more www.scarleteen.com