



WILLIAM ELLIS SCHOOL  
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Dear parents and carers,

This letter is to inform you that your son has been selected to participate in the ARTiculate programme at William Ellis.

### **What is ARTiculate?**

The ARTiculate programme is designed by the British Association of Art Therapists to facilitate children and young people's emotional literacy through using Art in an educational setting. The programme is based upon what children's and young peoples' art therapists have learned about what is effective in reducing anxiety and supporting emotional literacy through creativity. The programme draws on this learning and adapts it for non-art therapists to use in an effective, safe and enjoyable way. The programme can be used to support and encourage young people's creativity and emotional literacy. It can help us to understand how much support and guidance they need with accessing and expressing or naming their feelings it will also give the ARTiculate worker a sense of the young person's resilience, their ability to problem solve and keep themselves safe.

The programme takes place over a six-week period where the students will follow a set of weekly creative workshops delivered by Ms Ökaya who is a fully trained ARTiculate mentor. During the workshops the students will explore their feelings and identity through a series of narrative creative activities that culminate in a small celebration at school where parents and carers will be invited to come and view a small exhibition of the student's work.

The work will also be entered in a format of the student's choice to the Youth Safety Multimedia competition later on in the summer term. The programme has also been funded by the Camden Youth Safety Fund and is well resourced with lots of exciting materials to work with!

As well as exploring their feelings and identity the students will explore a range of creative activities that will build upon their technical knowledge of materials and techniques.

Should you have any questions at all about the programme and your son's participation in it please contact Ms Özkaya directly either by email [ozkaya@williamellis.camden.sch.uk](mailto:ozkaya@williamellis.camden.sch.uk) or by telephone 0207 692 3818.

Yours sincerely,

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Year 7 Pastoral Leader



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