



Choose from...

Main

Vegetarian

Combo

and to finish!

Bread and Salad will be available at Lunch Times MONDAY

Chicken Tikka

to go with

Vegetable Cous Cous, Vegetable Cous Cous

Chickpea & Lentil Dhal

to go with

Vegetable Cous Cous

Jacket Potato

to go with

Green Bean Salad with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with

Green Beans

with choice of fillings

Homemade Tomato & Basil Sauce

Fruit Crumble

to go with Custard

Fresh Fruit Bar, Yoghurt, Jelly

TUESDAY

Chilli Con Carne

to go with

Mixed Rice, Sweetcorn

Smokey BBQ Ouesadilla

to go with

Peas, Sunshine Rice

Jacket Potato

to go with

Peas

with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with

Peas

with choice of fillings

Homemade Tomato & Basil Sauce

Chocolate Orange Cake

Fresh Fruit Bar, Yoghurt, Jelly

WEDNESDAY

Roast Chicken & Stuffing

to go with

Carrots, Roast Potatoes, Gravy

Ouorn Fillet

to go with

Carrots, Roast Potatoes, Gravy

Jacket Potato

to go with

Broccoli, Carrots

with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with

Broccoli, Carrots with choice of fillings

Homemade Tomato & Basil Sauce

Apple Flapjack

Fresh Fruit Bar, Yoghurt, Jelly

THURSDAY

Chicken Stir Fry

to go with

Mixed Veg, Noodles

Vegetable Stir-fry

to go with

Mixed Veg, Noodles

Jacket Potato

to go with

Sweetcorn

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with

Sweetcorn

with choice of fillings

Homemade Tomato & Basil Sauce

Strawberry Iced Smoothie

Fresh Fruit Bar, Yoghurt, Jelly

FRIDAY

Cod in Batter

to go with

Baked Beans, Chips, Mushy Peas

Falafel & Spinach Burger

to go with

Baked Beans, Chips, Mushy

Jacket Potato

to go with

Peas

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

to go with

Peas

with choice of fillings

Homemade Tomato & Basil Sauce

Fresh Fruit Salad

Fresh Fruit Bar, Yoghurt, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information