

Safeguarding children
how you can help



Camden Safeguarding
Children Board

C A M D E N S C B

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What is safeguarding?

Safeguarding is about keeping children safe by:

- protecting them from harm
- supporting their health and development
- making sure they grow up in a safe environment.

Safeguarding is about knowing when a child is at risk or needs help to deal with problems so that they can be kept safe from:

- accidental injury or death
- bullying and harassment
- crime and anti-social behaviour
- neglect, abuse or violence in the home.

Who is responsible?

Camden
Safeguarding
Children Board...

...is generally responsible for the safety and welfare of children and young people in Camden. But we cannot do this on our own — safeguarding children is everyone's responsibility.

How can you safeguard children?

Everyone wants to help to keep children safe...

...but often they don't know what to do or who to contact. This leaflet contains useful information on what you can do and who to contact if you are concerned about children's safety.

Safe from accidental injury or death

Built-up areas like Camden can be unsafe for children, especially busy roads.

Camden is committed to making roads safer for children by educating them on the dangers, and trying to reduce traffic speed.

If you are worried that roads in your neighbourhood are not safe for children...

You can call the **Public Safety Team** on **020 7974 5619** to report any safety risk.

Many accidents happen at home, and Camden's Safe as Houses project can help parents to keep their children safe by providing advice on safety equipment.

If you would like advice on making your home safe for your child...

You can call **Safe as Houses** on **020 7561 4970**.

Safe from bullying or harassment

Bullying and harassment can make a child's life miserable, and disabled children are particularly vulnerable to bullying.

Camden does not tolerate either bullying or harassment, and racial harassment is a hate crime. Camden has introduced several measures to help stop bullying and harassment at school and in the community.

If you think a child is being bullied...

You can contact the school, youth club, or play scheme involved. Children can contact Camden's free helpline on **0800 731 5801** for advice and support.

If you think a child is being harassed...

You can contact the **Anti-Social Behaviour Team** on **020 7974 3461**. To report incidents of racial harassment, contact the **Police Community Safety Unit** on **020 8733 5665/6474/5940/6441/6445**.

Safe from anti-social behaviour and crime

Children have a right to live in a safe environment, free from the threat of crime or anti-social behaviour.

Equally, Camden is committed to reducing anti-social or criminal behaviour by children and young people.

If a child you know is a victim of crime...

You can call **Victim Support** on **020 7388 9550**.

If you are worried a child is living with domestic violence...

You can call **Camden Safety Net** on **020 7974 3665**, or the **Police Community Safety Unit** on the numbers listed above.

If you think your area is unsafe for children because of street drinking, drugs or any other reason...

You can call the **Anti-Social Behaviour Team** on **020 7974 3461**. If you live in Bloomsbury or Camden Town, you can also call the **Street Warden Service** on **020 7974 5195** or **020 7974 5192** if you live in Gospel Oak or Kentish Town.

If you think a child is not going to school...

You can contact the **Education Welfare Service** on **020 7974 7162**.

If you are worried that a child you know is becoming involved in crime or anti-social behaviour...

You can call **Camden Community Safety Team** on **020 7974 2915**, or the **Youth Offending Team's Early Intervention Service** on **020 7974 6181**.

If you are worried about a young person using drugs or alcohol or are concerned that a young person may be affected by someone else's alcohol or drug use...

You can call **FWD (Forward) Drug and Alcohol Service for Young People in Camden** on **020 7974 4701** for advice.

Camden's Safer Neighbourhood Teams can also provide advice on making your neighbourhood safer for children. Contact numbers are listed at the end of this leaflet. However, if you see a child in IMMEDIATE DANGER you should call the police on 999.

Safe from abuse and neglect

Most children in Camden are well cared for and protected by their parents...

...but a small number suffer harm or neglect. We all have a duty to protect these children. Children can be harmed because of physical abuse or injury, emotional or sexual abuse or because of neglect.

If you are worried that a child is being harmed or neglected...

You can contact **Social Work Services** on **020 7974 6600** or **020 7974 4094** and talk to a social worker about your concerns. Out of office hours, you can contact the **Emergency Duty Team** on **020 7278 4444**. You may not be sure if it's the best thing to do, but your information could be an important step in stopping a child being harmed.

Information for parents

If you are a parent...

...and you would like advice on any problem you or your child may be facing, you can contact any of the above services or community support organisations for parents in Camden, such as Sure Start.

If you feel you are struggling to cope, and would like more support, you can contact Social Work Services and talk to a social worker. All parents have difficult times, and it's best to talk about problems and get help before the situation gets worse.

Our new Parenting Handbook, available on our website (www.cscb.org.uk), from libraries and other public places, can provide parents with information on what services are available in Camden, and who to get in touch with if you need help.

You can find contact details for support organisations for parents and children in Camden at the end of this leaflet.

Camden Safer Neighbourhood Teams

Belsize Ward	email: Belsize.SNT@met.police.uk tel: 020 8721 2696 contact: Sgt. Ian Gilks
Bloomsbury Ward	email: Bloomsbury.SNT@met.police.uk tel: 020 8721 2693 contact: Sgt. Darren Bone
Camden Town with Primrose Hill Ward	email: CamdenTown.PrimroseHill.SNT@met.police.uk tel: 020 8721 2959 contact: Sgt. Roger Smith
Cantelowes Ward	email: Cantelowes.SNT@met.police.uk tel: 020 8721 2756 contact: Sgt. Amar Saggarr
Fortune Green Ward	email: Fortunegreen.SNT@met.police.uk tel: 020 8721 2698 contact: Sgt. Paul Truckle
Frognaal and Fitzjohns Ward	email: Frognaal.Fitzjohns.SNT@met.police.uk tel: 020 8721 2958 contact: Sgt. Phil Hewetson
Gospel Oak Ward	email: Gospeloak.SNT@met.police.uk tel: 020 8721 2015 contact: Sgt. Chris Downes
Hampstead Ward	email: HampsteadTown.SNT@met.police.uk tel: 020 8721 2779 contact: Sgt. Steve Pepper
Haverstock Ward	email: Haverstock.SNT@met.police.uk tel: 020 8721 2016 contact: Sgt. Danny Hewitt

Highgate Ward	email: Camden.Highgate.SNT@met.police.uk tel: 020 8721 2699 contact: Sgt. Jeff Williams
Holborn and Covent Garden Ward	email: Holborn.SNT@met.police.uk tel: 020 8721 2692 contact: Sgt. Dean Kirby
Kentish Town Ward	email: KentishTown.SNT@met.police.uk tel: 020 8721 2695 contact: Sgt. Peter Ryan
Kilburn Ward	email: CamdenKilburn.SNT@met.police.uk tel: 020 8721 2017 contact: Sgt. Eddie Oditia
King's Cross Ward	email: KingsCross.SNT@met.police.uk tel: 020 8721 2694 contact: Sgt. Phil Hughes
Regents Park Ward	email: RegentsPark.SNT@met.police.uk tel: 020 8721 2811 contact: Sgt. Peter Smith
St Pancras and Somers Town Ward	email: StPancras.Somerstown.SNT@met.police.uk tel: 020 8721 2810 contact: Sgt. Gary McGovern
Swiss Cottage Ward	email: SwissCottage.SNT@met.police.uk tel: 020 8721 2755 contact: Sgt. Nick Parry
West Hampstead Ward	email: WestHampstead.SNT@met.police.uk tel: 020 8721 2697 contact: Sgt. Dave Timms

Camden's support organisations for parents

African Families Association	10 the Forties, Islip Street London NW5 2UG Tel: 020 7485 3318/07944 142 321 (Mobile) Offers leisure and recreational activities to African families, including advice and information and health promotion. Interpreting and translation service available.
Camden Safeguarding Children Board	Crowndale Centre, 218 Eversholt Street London NW1 1BD Tel: 020 7974 6639 www.camden.gov.uk
Children's Centre Services	Partnership of services for families who have at least one child under 5 years or are parents-to-be. Aims to provide outreach services to support parents in improving their children's health, learning and development; to strengthen families and communities and to support parents in their aspirations towards training and employment. Integrated Early Years Service, Crowndale Centre 218 Eversholt Street London NW1 1BD Tel: 020 7974 1603
Euston Children's Centre Services	45-47 Polygon Road London NW1 1SR Tel: 020 7974 8934
Kentish Town Children's Centre Services	Harmood Children's Centre, 1 Forge Place London NW1 4HG Tel: 020 7974 8961 (also offers Father's Drop-in centre)
Kilburn Priory Children's Centre Services	Kilburn Grange Children's Centre, 1 Palmerston Road London NW6 2JL Tel: 020 7974 5080
King's Cross and Holborn Children's Centre Services	1a Children's Centre, Rosebery Avenue London EC1R 4SR Tel: 020 7974 7024, 0800 731 0232 (Freephone)

Coram Parents Centre	<p>Coram Family, 49 Mecklenburgh Square London WC1N 2QA Tel: 020 7520 0311</p> <p>Offers daily drop-in sessions for parents/carers and under fives; after school activity club with a Bengali mother tongue class (Tue 4–5pm); teenage parents project, baby group run by local health visitors and a toy library.</p>
Elfrida Rathbone (Camden)	<p>Camden Family and Youth Resource Centre, 7 Dowdney Close, off Bartholomew Road London NW5 2BP Tel: 020 7424 1601</p> <p>Provides a range of services to people with learning difficulties, disabilities and families under stress.</p>
Families In Focus	<p>Amptill Square — 020 7387 4258 King's Cross — 020 7278 8416 Ossulston Street — 020 7692 3123 Somers Town — 020 7974 8168</p>
Home-Start Camden	<p>Camden Family and Youth Resource Centre, 7 Dowdney Close, off Bartholomew Road London NW5 2BP Tel: 020 7424 1603</p> <p>Local branch of a national charity aiming to prevent family crisis and breakdown. Trained volunteers offer support, friendship and practical help to families in their own homes for 3–4 hours per week.</p>
Hopscotch Asian Women's Centre	<p>42 Phoenix Road London NW1 1TA Tel: 020 7388 6200</p> <p>Daily drop-in centre. Services include a crèche; Bengali doctor, advice and counselling; information sessions on a range of issues, including housing advice from staff of Central London Law Centre and pensions advice from Job Centre staff.</p>

Kids Camden Team	<p>49 Mecklenburgh Square London WC1N 2NY Tel: 020 7520 0405</p> <p>Offers support to children with special needs and disabilities and their families.</p>
National Family and Parenting Institute	<p>430 Highgate Studios, 53–79 Highgate Road London NW5 1TL Tel: 020 7424 3460</p> <p>Independent charity working to support parents in bringing up their children, to promote the well-being of families and to make society more family friendly.</p>
Parents and Co	<p>c/o Elfrida Rathbone, Camden Family and Youth Resource Centre, 7 Dowdney Close, off Bartholomew Road London NW5 2BP Tel: 020 7424 1615/1620</p> <p>Family Development Workers work with families in their homes and offer help and support to parents under stress or who are worried about the behaviour or development of their child.</p>
Tufnell Park Parents Support Group	<p>Tel: 020 7697 4560 Website: www.tppsg.org</p> <p>Client Group: Parents with children, from new born babies to school age.</p> <p>Catchments Area: Area in and near Tufnell Park, including north Kentish Town, Dartmouth Park and Upper Holloway.</p>
Welfare Community Projects	<p>The Accord Centre, 292–294 Kilburn High Road London NW6 2DB Tel: 020 7604 4404/3883</p> <p>Offers supervised (one-to-one) contact and family support for parents and children.</p>

Camden Safeguarding Children Board

Unit 6/7, Crowndale Centre
218 Eversholt Street
London
NW1 1BD

Tel: **020 7974 6639**

Fax: **020 7974 6708**

www.cscb.org.uk